

Press Release HFMA

Sole Sisters raise funds for Mental Health UK

Media Release for Immediate use November 2025

The Health Food Manufacturers' Association (HFMA) have recently updated their mental health policy and decided that it was also time to give something back which led to the office team deciding to take part in a sponsored walk for Mental Health UK.

On a bright October morning, the HFMA Sole Sisters, comprising of Mel Barmaz, Pippa Williams and Denise Attard headed to Battersea Park as part of the Mental Health UK Glow London walk along the Thames.

They raised a total of £836 to contribute to the overall total of £130,000. Everyone was so delighted with the results that they have already started planning to take part again next year.

Pictured below, l -r, Mel Barmaz, Pippa William, Denise Attard with their medals.



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